



# Fundación Conchita Rábago de Jiménez Díaz

Príncipe de Vergara, 9  
28001 – Madrid

## PROGRAMME

### LVI Jiménez Díaz Commemorative Lecture

Conference Room. Hospital Universitario Fundación Jiménez Díaz.

Onsite / Online. Madrid, May 27, 2025. 9:00 -13:30

**Organizing Committee:** Gregorio de Rábago Juan-Aracil, Rosa de Rábago Sociats, Luis Jiménez-Díaz Egoscozabal, Carmen Ayuso García, Pedro de Rábago González, Isabel Ferreiro Carrobles.

**Scientific Committee:** Juan Luis Arsuaga Ferreras, Borja Ibáñez Cabeza, Gregorio de Rábago Juan-Aracil, Ana María Cuervo, Joaquín Sastre Domínguez.

### Symposium: Therapeutic Targets Against Aging

**9:00 Introduction**

**Gregorio de Rábago Juan-Aracil**

Deputy Director, Department of Cardiology and Cardiac Surgery, Clínica Universidad de Navarra. President of the Board of Trustees of Fundación Conchita Rábago de Jiménez Díaz.

**Borja Ibáñez Cabeza**

Cardiologist, Hospital Universitario Fundación Jiménez Díaz (IIS-FJD, UAM). Scientific Director, Centro Nacional de Investigaciones Cardiovasculares (CNIC), Madrid.

**9:10 How to Be a Long-Lived Species**

**Juan Luis Arsuaga Ferreras**

Chair of Palaeontology, Geological Science College, Universidad Complutense de Madrid. Scientific Director, Human Evolution Museum, Burgos.

**9:35 Cellular Reprogramming and Aging**

**Juan Carlos Izpisua Belmonte**

Founding Scientist and Director, San Diego Institute of Science, Altos Labs. Professor, University of California San Diego, EE. UU.

**10:00 Mitochondrial Dysfunction, Immunosenescence and Aging**

**María Mittelbrunn Herrero**

CSIC Tenured Scientist, Immunometabolism and Inflammation Laboratory, Centro de Biología Molecular Severo Ochoa (CSIC-UAM), Madrid.

**10:25 Microbiota and Food: Innovation and New Frontiers for Health**

**María del Carmen Collado Amores**

Research Professor. Instituto de Agroquímica y Tecnología de los Alimentos-Consejo Superior de Investigaciones Científicas (IATA-CSIC), Valencia.

**10:50 Precision Nutrition and Epigenetics of Aging**

**Dolores Corella Piquer**

Chair of Preventive Medicine and Public Health. School of Medicine, Universidad de Valencia. Director of the CIBER Physiopathology of Obesity and Nutrition Group. ISCIII, Madrid.

**11:15 Discussion**

**12:00 LVI Jiménez Díaz Commemorative Lecture**

**Selective Autophagy in the Fight Against Aging and Age-Related Diseases**

**Ana María Cuervo**

Distinguished Professor, Robert and Renee Belfer Chair for the Study of Neurodegenerative Diseases, Co-director, Einstein Institute for Aging Research, Albert Einstein College of Medicine, NY, EE. UU.

**13:30 Closure**